



## Personal Safety

### Remember 3 Rules

#### 1. Trust Your Instincts

If you feel uncomfortable in any situation, leave and go to a place of safety.

#### 2. Stay Alert

Always be aware of your surroundings -- the location, who's in front of you and behind you. Don't allow yourself to be distracted (especially on the phone).

#### 3. Walk With Confidence

Physically communicate the message that you are calm, collected, confident.

**Don't be an easy target.** Stay on well-lit, highly-travelled streets and avoid shortcuts through alleys.

Suspicious activity, call BPD's non-emergency # at **(309)-820-8888**.

Call **911** for any immediate threats.



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