### Learn to Skate Ages 2+

The Bloomington Ice Center presents a Learn to Skate program creating a fun environment for skaters to learn new and challenging skills! Our program is designed to develop skaters of all ages as they progress through each level to reach their goals!

### **Pre-School Ice Explorers** Ages 2-5

Join us for a fun introduction to the ice with helpful direction from our instructors. Skaters will participate in coloring activities, fieldtrips around rink and on-ice obstacle courses.

### **Tots 1 – 3** Ages 3 to 5

The tot program is designed to introduce basic skating skills to young skaters through a safe and controlled atmosphere using on-ice games and activities. Skaters will learn 2-foot glides, dips, 2-foot hops and introduced to backwards skating! \*Skaters who have passed Tot 1 may move to the Learn to Play program!

### Blades 1 – 6 Ages 6 to 12

The Blades program is designed for skaters to learn the essential skills for ice skating. The six-level curriculum introduces the fundamental moves: forward skating, backward skating, stops, edges, crossovers, turns and jumps. Upon completion of the Blades program, skaters will have knowledge of the sport, enabling them to advance to more specialized areas of figure skating. \*Skaters who have passed Blades 1 may move to the Learn to Play program!

Jump & Spin: Level 1-3: Pre-requisite: Blades 6 (Participants must wear freestyle skates) Ages 6 + Skaters will learn basic freestyle elements, jumps, spins and spirals in a group lesson.

### Teen /Adults Ages 13+

Ages 13 + Designed for the beginner teen/adult skater to promote physical fitness, balance and coordination. The class is divided into four levels, adult skaters will progress at an individual rate while being challenged and motivated.



# SAVE THE DATE

Winter & Spring registration begins Dec. 1st for Bloomington Ice Center programs and classes!

MAIN OFFICE 309-434-2260

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## Learn to Skate Ages 2+

				<b>Time</b> 30) 10:00-10:30 AM	
Tots 1-3	Tues	1/10-2/14		28) 5:30-6:00 PM	\$70
Tots 1-3	Wed	1/11-2/15	2/22-4/5 (not 3/2	29) 5:00-5:40 PM	\$79
Blades 1-6	Tues	1/10-2/14		28) 6:00-6:30 PM	\$70
Blades 1-6	Wed	1/11-2/15	2/22-4/5 (not 3/2	29) 5:00-5:40 PM	\$79
Blades 1-6	Fri	1/6-2/17 (not 1/27,	2/3)2/24-3/24		\$65
Blades 1-6	Sat	1/7-2/18 (not 1/27,	2/3)2/25-3/25		PM\$65
Teen/Adult	Tues	1/10-2/14		28) 5:45-6:30 PM	\$80
Jump & Spin	Tues	1/10-2/14	2/21-4/4 (not 3/2	28) 5:30-6:00 PM	\$70
Jump & Spin	Sat	1/7-2/18 (not 1/27,	2/3)2/25-3/25		PM\$65
Specialty Classes					
Skate & Sweat	Fri	1/6-2/17			\$60
Create a Routine	Sat	1/7-2/18 (not 1/27,	2/3)		\$60
Learn to Compete	Sat			/1, 4/8) 12:20-12:50 PM	\$100
				Time	
				10:00-10:30 AM	
				5:30-6:00 PM	
				5:00-5:40 PM	
				5:00-5:30 PM	
				10:50-11:30 AM	
Blades 1-6		Tues	4/11-5/16	6:00-6:30 PM	\$70
				5:00-5:40 PM	
				5:30-6:10 PM	
				11:40 AM - 12:20 PM	
Teen/Adult		Tues	4/11-5/16	5:45-6:30 PM	\$80
				5:30-6:00 PM	
				11:40 AM - 12:20 PM	
Specialty Classes					
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# **Speciality Classes**

#### **Skate and Sweat**

(Pre-requisite: Enrollment in Jump & Spin or higher) Join us for a fun filled half hour of conditioning and skating skill development! Each week will have a different musical theme and focus. Skaters are encouraged to bring a bottle of water.

### Create a Routine Pre-requisite: Blades 2/Tots 3

For skaters wishing to take the skills they have learned in group class and develop them into solo programs! This program is geared towards skaters who do not have a private coach but are looking for the opportunity to learn routines and perform! Skaters must be enrolled in group LTS classes to take advantage of discount class fee.

### Theatre on Ice: Bloomington Pops: Pre-requisite: Blades 3/Tots 3

Skaters will be exposed to diverse styles of choreography through musical programs. All participants must be a member

of USFS basic skills, \$21.00 yearly fee to participate in performances. Skaters will learn and refine routines that will be performed at a figure skating exhibition. Additional fees

> will apply for costumes. **Tuesdays:** 1/10–5/16 (Not 3/28)

18-week session Min/Max: 8/24 **Time:** 5:00 – 5:30 PM **Fee:** \$180.00 (Payment Plans available online)

### Learn to Compete: Pre-requisite: Blades 2/Tots 2

This program is designed to train and prepare skaters currently enrolled in Bloomington Ice Center's LTS program for participation in the Illinois Basic Skills competition series. Skaters learn a choreographed routine to music that will be refined for competition. Learn to Compete is intended to introduce skaters to the excitement of competition, improve individual skating skills, and foster feelings of accomplishment and good sportsmanship. There will be a parent information meeting prior to the competition to provide all the information necessary to make your child's competition experience rewarding. All skaters must be 2022-2023 members of CIFSC Basic Skills, \$21.00 yearly membership. What you get with this class:

1) Skaters receive a professional choreographed routine to music

2) A copy of their skating music (to practice)
3) Certified USFS skating coach will put child out for competition
4) Receive an award for competing
5) 10 half hour skating lessons
6) 4 FREE ½ hr. freestyle practice sessions (valued at \$25.00)
Saturdays: 2/25 - 5/20 (not 4/1, 4/8)
Time: 12:20 - 12:50 PM
Fee: \$120.00 (doesn't include competition entry fee)
Competition: 5/20/23 - 5/21/23

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### **Helpful Learn-to-Skate Information**

Arrive at the rink 15-20 minutes early to collect your rental skates and prepare for your lesson. Bloomington Ice Center skate rental employees will assist you with proper sizing.

Please make sure young children use the restroom before class starts.

Wear long pants (no shorts), jacket or sweater, socks, and gloves or mittens. Dress in layers of clothing. Clothes should not restrict movement.

Helmets (bike, hockey, etc.) are strongly recommended for children under six, and should have a snug fit.

Classes will only be made up if the rink cancels a class. Bloomington Ice Center Learn-to-Skate staff reserves the right to cancel any class, combine classes, change instructors on any class and move students to a different class level based upon instructor evaluation.

### Learn to Skate Practice Punchcard

Learn to Skate students are encouraged to practice the skills they have learned in class. Practice is necessary in order to advance to the next level.

All learn-to-skate students will receive a punchcard for 3 admission and skate rental passes to open skate. The punchcard must be used within the six week session of learn to skate you have enrolled in. Bloomington Parks and Rec has a no make-up class policy. If you miss a class please take advantage of the free practice to stay current on your skills!





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