

## Learn to Skate/Specialty Classes Ages 2+

The Bloomington Ice Center presents a Learn to Skate hybrid program creating a fun environment for skaters to learn new and challenging skills! Our program is designed to develop skaters of all ages as they progress through each level to reach their goals!

**\*New COVID Policy** - Face coverings are required in the facility and on-ice for skaters in group lessons.

Please contact Lindsay Danner, Skating Director, at (309) 434-2877 or ldanner@cityblm.org. if you have any questions

### Pre-School Ice Explores Ages 2 - 5

Join us for a fun introduction to the ice with helpful direction from our instructors. Skaters will participate in coloring activities, fieldtrips around rink and on-ice obstacle courses.

### Tots 1 - 3 Ages 3 - 5

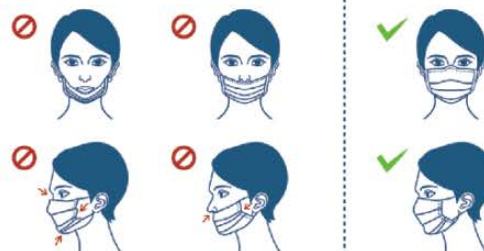
The tot program is designed to introduce basic skating skills to young skaters through a safe and controlled atmosphere using on-ice games and activities. Skaters will learn 2-foot glides, dips, 2-foot hops and introduced to backwards skating! \*Skaters who have passed Tot 1 may move to the Hockey Learn to Play program!

### Blades 1 - 6 Ages 6 - 14

The Blades program is designed for skaters to learn the essential skills for ice skating. The six-level curriculum introduces the fundamental moves: forward skating, backward skating, stops, edges, crossovers, turns and jumps. Upon completion of the Blades program, skaters will have knowledge of the sport, enabling them to advance to more specialized areas of figure skating. \*Skaters who have passed Blades 1 may move to the Hockey Learn to Play program!



### How to wear a face mask correctly



### Jump & Spin Ages 6+

#### Level 1-3: Pre-requisite: Blades 6

*(Participants must wear freestyle skates)*

Skaters will learn basic freestyle elements, jumps, spins and spirals in a group lesson.



### Teen/Adult Ages 14+

Designed for the beginner teen/adult skater to promote physical fitness, balance and coordination. The class is divided into four levels, adult skaters will progress at an individual rate while being challenged and motivated.

### Helpful Learn-to-Skate Information

Arrive at the rink 15-20 minutes early to collect your rental skates and prepare for your lesson. Bloomington Ice Center skate rental employees will assist you with proper sizing.

Please make sure young children use the restroom before class starts.

Wear long pants (*no shorts*), jacket or sweater, socks, and gloves or mittens. Dress in layers of clothing. Clothes should not restrict movement.

Helmets (*bike, hockey, etc.*) are strongly recommended for children under six, and should have a snug fit.

Classes will only be made up if the rink cancels a class. Bloomington Ice Center Learn-to-Skate staff reserves the right to cancel any class, combine classes, change instructors on any class and move students to a different class level based upon instructor evaluation.

## Learn to Skate Winter 1 Session Schedule Ages 2+

NOTE: Classes include a 5 minute supervised practice at the end of class. Specialty classes may differ.



Class	Day	Winter 1	Time	Cost
Preschool Ice Explorers	Th	Jan. 6 - Feb. 10	10:00 - 10:40 am	\$72
Tots 1 - 3	Tu	Jan. 4 - Feb. 28	5:30 - 6:00 pm	\$65
Tots 1 - 3	F	Jan. 7 - 21	5:00 - 5:30 pm	\$30
Tots 1 - 3	Sa	Jan. 8 - 22	10:50 - 11:30 am	\$36
Blades 1 - 6	Tu	Jan. 4 - Feb. 28	6:00 - 6:30 pm	\$65
Blades 1 - 6	F	Jan. 7 - 21	5:30 - 6:10 pm	\$36
Blades 1 - 6	Sa	Jan. 8 - 22	11:40 am - 12:20 pm	\$36
Teen/Adult	Tu	Jan. 4 - Feb. 28	5:45 - 6:30 pm	\$79
Jump & Spin	Tu	Jan. 4 - Feb. 28	5:30 - 6:00 pm	\$65
Jump & Spin	Sa	Jan. 8 - 22	11:40 am - 12:20 pm	\$36

### Specialty Classes

Intro to MIF	Sa	Jan. 8 - 22	12:20 - 12:50 pm	\$36
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## Learn to Skate Winter 2/Spring Session Schedule Ages 2+

NOTE: Classes include a 5 minute supervised practice at the end of class. Specialty classes may differ.

Class	Day	Winter 2	Spring	Time	Cost
Preschool Ice Explorers	Th	Feb. 17 - Mar. 31(not 3/24)	April 7 - May 12	10:00 - 10:40 am	\$72
Tots 1 - 3	Tu	Feb. 15 - Mar. 29(not 3/22)	April 5 - May 10	5:30 - 6:10 pm	\$65
Tots 1 - 3	F	Feb. 11 - Mar. 18	April 1 - May 13 (not 4/15)	5:00 - 5:30 pm	\$65
Tots 1 - 3	Sa	Feb. 12 - Mar. 19	April 2 - May 14 (not 4/16)	10:50 - 11:30 am	\$72
Blades 1 - 6	Tu	Feb. 15 - Mar. 29(not 3/22)	April 5 - May 10	6:00 - 6:30 pm	\$65
Blades 1 - 6	F	Feb. 11 - Mar. 18	April 1 - May 13 (not 4/15)	5:30 - 6:10 pm	\$72
Blades 1 - 6	Sa	Feb. 12 - Mar. 19	April 2 - May 14 (not 4/16)	11:40 am - 12:20 pm	\$72
Teen/Adult	Tu	Feb. 15 - Mar. 29(not 3/22)	April 5 - May 10	5:45 - 6:30 pm	\$79
Jump & Spin	Tu	Feb. 15 - Mar. 29(not 3/22)	April 5 - May 10	5:30 - 6:00 pm	\$65
Jump & Spin	Sa	Feb. 12 - Mar. 19	April 25 - May 14 (not 4/16)	11:40 am - 12:20 pm	\$72

### Specialty Classes

Spin Variation	F	Feb. 11 - Mar. 18	-----	5:00 - 5:30 pm	\$75
Axel and Beyond	F	-----	Apr. 2 - May 14 (not 4/16)	5:00 - 5:30 pm	\$75
Intro to MIF	Sa	Feb. 12 - Mar. 19	Apr. 2 - May 14 (not 4/16)	12:20 - 12:50 pm	\$60
Create a Routine	Sa	Feb. 12 - Mar. 19	Apr. 2 - May 14 (not 4/16)	12:20 - 12:50 pm	\$60



## Specialty Classes Ages 6+

### Spin Variation Class Ages 6+

**Pre-requisite: Pass Jump & Spin Level 3**

Skaters will take the basic spin positions (*upright, sit, camel*) they have mastered and enhance them into spin variations and combinations. These variations are vital to skaters wanting to compete in IJS and develop their spins!

### Axel and Beyond Class Ages 6+

**Pre-requisite: Pass Jump & Spin Level 3**

The Axel can be a difficult element for skaters to learn and master. The Axel and Beyond Class is a stand-alone curriculum designed to ignite enthusiasm and accelerate the advancement of your students in a cost effective, group lesson environment. The class will also start the process of training muscle memory for multi-revolution jumps!

### Intro to Moves in the Field Class Ages 6+

**Pre-requisite: Pass Jump & Spin Level 1 - 3**

Combines instruction and practice with an introduction to the USFS test structure, Moves in the Field. Recommended for skaters working towards their first test Pre-Preliminary through Pre-Juvenile.

### Create a Routine Ages 6+

**Pre-requisite: Pass: Blades 2/Tots 3**

For skaters wishing to take the skills they have learned in group class and develop them into solo programs! This program is geared towards skaters who do not have a private coach but are looking for the opportunity to learn routines and perform! Skaters must be enrolled in group LTS classes to take advantage of discount class fee.

### Theatre on Ice Team Ages 6+

**Bloomington Pops: Pre-requisite: Blades 3**

Theatre on Ice uses all aspects of figure skating to incorporate a theme, emotion, and storyline, enhanced by music. All participants must be a basic skills member of USFS, \$21.00 yearly fee in order to participate in performances. Skaters will learn and refine routines that will be performed at special events! Additional fees will apply for costumes. \*Payment plans available online!

Ages	Day	Date	Time	Cost
6+	Tu	Jan. 4 - May 10 ( <i>not 3/22</i> )	5:00 - 5:30 pm	\$180



**Aim Higher With Aspire**

### Aspire to Figure Skate Ages 6+

**Pre-requisite: Blades 3/4 through Jump & Spin**

The Aspire program is a clear and direct training plan for you skaters next step into figure skating! Our educated club coaches will help you become the best skater you can be through our training programs that consist of off-ice training, on-ice edge class, artistry, technique development and parent education. Skaters will also receive Aspire swag, handouts and discounted freestyle practice sessions. Registration for this program is processed through Central Illinois Figure Skating Club. Please visit [www.ci-fsc.org](http://www.ci-fsc.org) to enroll today!

**Cost:** \$120

Ages	Day	Date	Time
6+	M	Jan. 10 - Mar. 7	4:45 - 6:10 pm
<i>(Off-Ice 4:45 - 5:00 pm and On-Ice 5:10 - 6:10 pm)</i>			



Enhance your skating progress and experience by signing up for our Olympic Medal Packages! The more you skate, the more you save and quickly develop your skating skills! Please contact Lindsay Danner [ldanner@cityblm.org](mailto:ldanner@cityblm.org) to receive package discounts! Enrollment must be in the same session to obtain discount.

Bronze	Silver	Gold
<b>10% Off</b>	<b>15% Off</b>	<b>20% Off</b>
When you enroll in 2nd group or specialty classes	When you enroll in 2nd & 3rd group specialty classes	When you enroll in 4 group or specialty classes