

# Dance Ages 18 m - 12 years

A total of 17 different Youth Dance class offerings are on tap for this Fall! Join us and staff of the Next Step Dance Studio for 2 separate 6-week sessions. Each will provide a great opportunity for your dancer to strengthen their coordination and balance, enhance creativity and freedom of expression, gain confidence, and enjoy a social and friendly environment.

All classes are led by instructors of the Next Step Dance Studio. The Next Step Dance Studio has been serving the Bloomington/Normal and surrounding areas since 2009. The NSDS staff believes in providing fun and educational classes for all ages and levels. Each child will be given personalized attention and proper instruction while being provided with a nurturing environment for growth. Next Step Dance Studio believes in family and unconditional support for everyone who chooses to call the studio home.

Please note, due to COVID-19 restrictions, class sizes will be limited and that entry into Lincoln Leisure Center will be provided to the dancer only, exception being Tiny Dancers Class. There will be no end-of-season recital scheduled at this time.

*\*Please note there are no classes the week of Thanksgiving, November 23 - 25.*



## Tiny Dancers Ages 18 m - 2

An intro to dance and is designed for the very young dancer. Creative movement and activities help introduce the beginning fundamentals of ballet, jazz, & tap (*dancers will not wear tap shoes*). Students will also play games which enhance cognitive and social development and learn classroom etiquette. It will be an entertaining and interactive class with tot and adults. Parent participation (*one parent only*) is suggested, but not required. Parents will love participating as they assist in developing their “tiny” dancer. Parent participants should wear attire that you can move freely in. Dancers should wear a leotard and preferably tights (*skirts and tutu's are optional*).

**Required shoes:** Any Color Ballet Shoe

**Location:** Lincoln Leisure Center

**Ages:** 18 months - 2

Day	Dates	Time	Cost
Tu	Sept. 21 - Oct. 26	4:30 - 5:00 pm	\$35
Th	Sept. 23 - Oct. 28	5:30 - 6:00 pm	\$35
Tu	Nov. 2 - Dec. 14*	4:30 - 5:00 pm	\$35
Th	Nov. 4 - Dec. 16*	5:30 - 6:00 pm	\$35

## Princess Ballet Age 3

This introductory class will teach dancers the basic technique of Ballet. Dancers will learn leaps, turns, and more. Following a traditional Ballet class format, we will begin developing alignment and articulation at the barre, combinations across the floor, and center of the room footwork. Dancers may wear a leotard and preferably tights, skirts are allowed. **Required shoes:** Any Color Ballet Shoe

**Location:** Lincoln Leisure Center

**Ages:** 3

Day	Dates	Time	Cost
Tu	Sept. 21 - Oct. 26	4:30 - 5:00 pm	\$35
Th	Sept. 23 - Oct. 28	4:45 - 5:15 pm	\$35
Tu	Nov. 2 - Dec. 14*	4:30 - 5:00 pm	\$35
Th	Nov. 4 - Dec. 16*	4:45 - 5:15 pm	\$35



### Tappin Tutus Ages 3 - 4

This energetic and exciting thirty minute class is designed to provide young dancers an introduction into the fundamentals of Ballet and Tap dance. Creative movement will help enhance your child's motor, listening, and social skills. All dancers may wear a leotard and preferably tights, skirts & tutus are allowed. **Required shoes:** Any color Ballet and Tap Shoe.

**Location:** Lincoln Leisure Center

**Ages:** 3 - 4

Day	Dates	Time	Cost
Tu	Sept. 21 - Oct. 26	5:15 - 5:45 pm	\$35
Th	Sept. 23 - Oct. 28	5:15 - 5:45 pm	\$35
Tu	Nov. 2 - Dec. 14*	5:15 - 5:45 pm	\$35
Th	Nov. 4 - Dec. 16*	5:15 - 5:45 pm	\$35



### Hippity Hop Ages 3 - 5

This fun introductory class will teach dancers to move their body in different ways other than Ballet, Tap, and Jazz. This class will include turns and jumps, along with starting to focus on overall flexibility. The class will also allow you to focus on the basic necessary moves used in Hip Hop. Dancers will learn dance styles as seen on the Disney Channel. All dancers should wear fitted clothing. No experience necessary. **Required shoes:** Clean Tennis Shoes

**Location:** Lincoln Leisure Center

**Ages:** 3 - 5

Day	Dates	Time	Cost
Tu	Sept. 21 - Oct. 26	6:00 - 6:45 pm	\$55
Tu	Nov. 2 - Dec. 14*	6:00 - 6:45 pm	\$55



### Bitty Ballerinas Ages 4 - 5

This introductory class will teach dancers the basic technique of Ballet. Dancers will learn leaps, turns, and more. Following a traditional Ballet class format, we will begin developing alignment and articulation at the barre, combinations across the floor, and center of the room footwork. Dancers may wear a leotard and preferably tights, skirts are allowed. **Required shoes:** Any Color Ballet Shoe

**Location:** Lincoln Leisure Center

**Ages:** 4 - 5

Day	Dates	Time	Cost
Tu	Sept. 21 - Oct. 26	5:15 - 5:45 pm	\$35
Th	Sept. 23 - Oct. 28	4:00 - 4:30 pm	\$35
Tu	Nov. 2 - Dec. 14*	5:15 - 5:45 pm	\$35
Th	Nov. 4 - Dec. 16*	4:00 - 4:30 pm	\$35

### Combo Pre-K Ages 4 - 5

This class is a combination of Ballet, Tap, and Creative Movement. This class is a great introduction to beginner Ballet technique and learning rhythm, tempo, and musicality in Tap. Dancers will also work on building coordination and motor skills. No prior dance experience is needed to register. Dancers may wear a leotard and tights (*skirts and tutu's are optional*). **Required shoes:** Any Color Ballet and Tap Shoe.

**Location:** Lincoln Leisure Center

**Ages:** 4 - 5

Day	Dates	Time	Cost
Th	Sept. 23 - Oct. 28	4:15 - 5:00 pm	\$55
Th	Nov. 4 - Dec. 16*	4:15 - 5:00 pm	\$55

### Combo 1 Ages 5 - 10

Combo 1 is a combination of Ballet, Tap, and Creative Movement basics. This class is a great introduction to beginner Ballet technique and learning rhythm, tempo, and musicality in Tap. Dancers will also work on building coordination and motor skills. Dancers may wear a leotard and preferably tights (*skirts and tutus are optional*). **Required shoes:** Any Color Ballet and Tap Shoe.

**Location:** Lincoln Leisure Center

**Ages:** 5 - 6

Day	Dates	Time	Cost
Tu	Sept. 21 - Oct. 26	6:00 - 6:45 pm	\$55
W	Sept. 22 - Oct. 27	6:15 - 7:00 pm	\$55
Tu	Nov. 2 - Dec. 14*	6:00 - 6:45 pm	\$55
W	Nov. 3 - Dec. 15*	6:15 - 7:00 pm	\$55

**Location:** Lincoln Leisure Center

**Ages:** 7 - 10

Day	Dates	Time	Cost
Th	Sept. 23 - Oct. 28	6:00 - 6:45 pm	\$55
Th	Nov. 4 - Dec. 16*	6:00 - 6:45 pm	\$55

Parents Please Note:  
The child must be the age listed  
at the start of the program.

### Beginner Hip Hop Ages 5 - 10

Dancers in Beginning Hip Hop will learn all of the basic dance skills such as keeping rhythm, following choreography and developing body control, as well as performance skills such as stage presence, acting, and improvisation are taught through kid-friendly Hip Hop & Funk style music and movement. In these highly popular classes, we also play games and even hold occasional contests to create a fun and motivating learning environment for your child. Throughout the session the students will learn a fun and exciting routine. No necessary experience needed to register for this class.

**Required shoes:** Clean Tennis Shoes

**Location:** Lincoln Leisure Center

**Ages:** 5 - 7

Day	Dates	Time	Cost
W	Sept. 22 - Oct. 27	5:00 - 5:45 pm	\$55
W	Nov. 3 - Dec. 15*	5:00 - 5:45 pm	\$55

**Location:** Lincoln Leisure Center

**Ages:** 8 - 10

Day	Dates	Time	Cost
Th	Sept. 23 - Oct. 28	7:00 - 7:45 pm	\$55
Th	Nov. 4 - Dec. 16*	7:00 - 7:45 pm	\$55

### Combo 2 Ages 6 - 8

Combo 2 is appropriate for dancers that have moved up from the Combo 1 level or have had at least one full year of prior dance experience. Dancers will continue to perfect basic Ballet, Jazz, and Tap skills learned previously in the Combo 1 class. Combo 2 will be slightly more difficult than Combo 1. Dancers should wear a leotard (*Footless or Convertible Tights are suggested*). **Required shoes:** Any Color Ballet and Tap Shoes.

**Location:** Lincoln Leisure Center

**Ages:** 6 - 8

Day	Dates	Time	Cost
W	Sept. 22 - Oct. 27	5:00 - 6:00 pm	\$60
W	Nov. 3 - Dec. 15*	5:00 - 6:00 pm	\$60



### Ballet/Jazz Combo Ages 6 - 10

This class is appropriate for students with little to no Ballet/Jazz training. Following a traditional Ballet/Jazz class format, we will begin developing alignment and articulation at the barre, combinations across the floor, and center of the room footwork. Dancers may wear a leotard and tights (*footless or convertible tights recommended - no shoes will be worn for jazz*). **Required shoes:** Any Color Ballet Shoe

**Location:** Lincoln Leisure Center

**Ages:** 6 - 10

Day	Dates	Time	Cost
W	Sept. 22 - Oct. 27	6:00 - 7:00 pm	\$60
W	Nov. 3 - Dec. 15*	6:00 - 6:00 pm	\$60